

Adult Dance

Partner Dancing

Partner Dancing at the North Kirkland Community Center

Ballroom

It's time to learn to dance. Easy basics in Fox Trot, Waltz and Swing with emphasis on lead/follow skills. Everything you need for a night out dancing. Adult & Teens, Couples & Singles, Everyone Welcome!

Professional Certified Instructor: Charles England

Location: NKCC • 5 weeks • Resident \$57 / Non-Resident \$68

Tues	7:30–8:30pm	Sept 13–Oct 11	49888
Tues	7:30–8:30pm	Jan 10–Feb 7	49889

West Coast Swing

The coolest, smoothest and most playful form of swing on the planet! West Coast Swing can be danced to all types of music, from Blues, Jazz, and R & B to Top 40 pop of all eras. Adult & Teens, Couples & Singles, Everyone Welcome!

Professional Certified Instructor: Charles England

Location: NKCC • 5 weeks • Resident \$57 / Non-Resident \$68

Tues	8:30–9:30pm	Sept 13–Oct 11	49890
Tues	8:30–9:30pm	Jan 10–Feb 7	49891

East Coast Swing

The All-American Swing Dance! Dance to Big Band Swing, Rock 'n Roll and more. Both single and triple rhythm styles will be taught in this fun and easy class. Adult & Teens, Couples & Singles, Everyone Welcome!

Professional Certified Instructor: Charles England

Location: NKCC • 5 weeks • Resident \$57 / Non-Resident \$68

Tues	7:30–8:30pm	Oct 18–Nov 15	49892
Tues	7:30–8:30pm	Feb 21–Mar 21	49893

Salsa

Hot! Hot! Hot! Solid basic turns in Salsa and Merengue. Dance the night away! Adult & Teens, Couples & Singles, Everyone Welcome!

Professional Certified Instructor: Charles England

Location: NKCC • 5 weeks • Resident \$57 / Non-Resident \$68

Tues	8:30–9:30pm	Oct 18–Nov 15	49894
Tues	8:30–9:30pm	Feb 21–Mar 21	49895

Folk Dance

The Mountaineer's International Folk Dancing

Learn line dances, couple dances and mixers from many countries including the waltz, two-step, tango, hambo, schottische and polka. Walk through beginner level dances in the first hour, the second hour is dedicated to requests with walk-throughs for simpler dances. This fun and lively class is open to everyone, no partner or experience needed!

*Location: PKCC • 4 classes • Resident \$25 / Non-Resident \$30
Drop-In Rate Resident \$8 / Non-Resident \$10*

Tue	7:30–9:30pm	Sept 6–27	49193
Tue	7:30–9:30pm	Oct 4–25	49194
Tue	7:30–9:30pm	Nov 1–22	49195
Tue	7:30–9:30pm	Nov 29–Dec 20	49196
Tue	7:30–9:30pm	Dec 27–Jan 17	49197
Tue	7:30–9:30pm	Jan 24–Feb 14	49198
Tue	7:30–9:30pm	Feb 21–Mar 14	49199
Tue	7:30–9:30pm	Mar 21–Apr 11	49200



Scandinavian Folk Dance

The 6 week series is for dancers with a little experience with the waltz, schottis and hambo. Thus, you'll already know how much fun these are. The Skandia Folkdance Society supplies instructors and course structure. This energetic class requires some experience, but no partner is needed.

Instructor Patrick McMonagle

*Location: PKCC • 6 classes • No class 9/22 & 11/24
Resident \$60 / Non-Resident \$72*

Thur	7:30–9pm	Sept 8–Oct 20	49986
Thur	7:30–9pm	Oct 27–Dec 8	49987
Thur	7:30–9pm	Jan 5–Feb 9	49988
Thur	7:30–9pm	Feb 23–Mar 30	49989

Ballet

Instructor: Marco Carrabba, Ballet master/Choreographer of Carrabba Dance Theatre has a 20 year distinguished professional dance career and over 18 years' experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

Ballet Basics

Have you always wanted to take a ballet class but something got in the way? Now that you have the time, do you feel like you're too old and it's too late! Here's the good news, it's never too late to learn ballet! No reason to be intimidated! This adult basic ballet class offers something for everyone from young adult to seniors and provides a fun way to tone and tighten your body while learning the fundamental techniques in a positive and supportive environment. Ballet develops balance, coordination, strength, stamina, self-confidence and body-centered awareness. This class is for those with little or no dance training but who want to embrace one of the most beautiful and graceful of all dance styles.

Location: PKCC • Instructor: Marco Carrabba • 6 classes

No class 10/31, 12/26, 1/2, 1/16 & 2/20

Resident \$66 / Non-Resident \$79

Mon	6:15–7:15pm	Sept 12–Oct 17	49582
Mon	6:15–7:15pm	Oct 24–Dec 5	49583
Mon	6:15–7:15pm	Dec 12–Feb 6	49584
Mon	6:15–7:15pm	Feb 13–Mar 27	49585

Ballet – Open Level

Take your training to the next level. This class is for those who have had some ballet training and is a good additional class for a Basic or Intermediate level class. Emphasis is on improving technical strength and more movement. Students are encouraged to work at their own ability.

Location: PKCC • Instructor: Marco Carrabba

6 classes • No class 9/22, 11/24, 12/29 & 4/20

Resident \$66 / Non-Resident \$79

Thur	6:15–7:15pm	Sept 15–Oct 27	49592
Thur	6:15–7:15pm	Nov 3–Dec 15	49593
Thur	6:15–7:15pm	Dec 22–Feb 2	49594
Thur	6:15–7:15pm	Feb 9–Mar 16	49595
Thur	6:15–7:15pm	Mar 23–May 4	50064

Hula Dance

Hula is for everyone, it's a great way to stay in shape and have fun while dancing. Hula works the entire body and also engages the mind. It is a unique blend of balance, motion, and mental concentration. Hula will lift your spirits and give you an energy boost.

Beginning Hula For Adults

This class will concentrate on the basic foot and hand motions as you experience the Hawaiian culture and Spirit of Aloha. Both ancient (Hula Kahiko) and modern (Hula 'auana) will be taught.

Wear comfortable clothing (shorts or pants and T-shirts) — NO JEANS PLEASE! • Instructor: Jeanne Makanaokalani Porter • Location: NKCC 10 weeks • Resident \$100 / Non-Resident \$120

Wed	6:30–7:15pm	Sept 7–Nov 9	49871
Wed	6:30–7:15pm	Jan 11–Mar 15	49872

Intermediate Hula

For those with hula experience and an understanding of the basic steps. This fast-paced class will introduce hula implements such as ipu, 'uli'uli, 'ili'ili, pu'ili. Both Kahiko and 'auana will be taught along with a focus on general technique. Some Hawaiian language taught as it pertains to hula, along with lyrics and the background of every dance learned. Optional public performances.

Wear a pa'u skirt if you have one, otherwise comfortable clothing — NO JEANS PLEASE! • Instructor: Jeanne Makanaokalani Porter • Location: NKCC • 10 weeks Resident \$100 / Non-Resident \$120

Wed	7:15–8:15pm	Sept 7–Nov 9	49873
Wed	7:15–8:15pm	Jan 11–Mar 15	49874

Advanced Hula

Advanced Hula is for the dancer with a more extensive hula background. The hula basics are reviewed as we continue on to more difficult, involved hulas, both Kahiko (ancient) and 'auana (modern). There's a continuing focus on technique and performance skills. There will be public performances.

Wear a pa'u skirt — NO JEANS PLEASE! • Instructor: Jeanne Makanaokalani Porter • Location: NKCC • 10 weeks Resident \$100 / Non-Resident \$120

Wed	8:15–9:15pm	Sept 7–Nov 9	49875
Wed	8:15–9:15pm	Jan 11–Mar 15	49876

Belly Dance

Shimmy and Sway – Beginning Belly Dance

Ages 17 to Adult

Begin your transformation! Belly dance isolates and works your abs, hips, tummy, and arms. It increases flexibility, and improves posture as it tightens and tones. In this class we welcome and appreciate all shapes and sizes, so tie a scarf around your hips and get ready to shimmy and sway to the sensual dance of Egyptian Cabaret Belly dance.

Bring bottled water and a long scarf to tie around the hips Instructor: Josette Minaglia 'Athena' • Location: NKCC

Fall 7 weeks • No class 10/11
Resident \$70 / Non-Resident \$84

Tue	6:40–7:40pm	Sept 6–Oct 25	49877
Tue	6:40–7:40pm	Nov 1–Dec 13	49878

Winter 6 weeks • Resident \$60 / Non-Resident \$72

Tue	6:40–7:40pm	Jan 10–Feb 14	49879
Tue	6:40–7:40pm	Feb 21–Mar 28	49880

Belly Dance Advanced

Ages 18 to Adult

This class illustrates techniques for solo and troupe performances along with costume designing. A combination of basic and advanced moves will be taught in a choreographed piece of music which will give students the finishing touch and personal style to their dance.

Bring bottled water and a long scarf to tie around the hips Instructor: Josette Minaglia 'Athena' • Location: NKCC

Fall 7 weeks • No class 10/11
Resident \$70 / Non-Resident \$84

Tue	7:45–8:45pm	Sept 6–Oct 25	49882
Tue	7:45–8:45pm	Nov 1–Dec 13	49883

Winter 6 weeks • Resident \$60 / Non-Resident \$72

Tue	7:45–8:45pm	Jan 10–Feb 14	49884
Tue	7:45–8:45pm	Feb 21–Mar 28	49885

Hip Hop

Adult Hip Hop

Ages 16 to Adult

Have you always wanted to go out on the dance floor and own the stage? Well it's never too late to start learning how to dance. In this class we will explore rhythm, listening to the music and applying some street and hip hop dance steps to accompany pop, R&B, and hip hop tunes. This class geared to teens and adults will progress and build the confidence we all like to have when dancing.

Instructor: Elbert Lubas • Location: NKCC • 6 weeks No class 11/24 • Resident \$60 / Non-Resident \$72

Thur	6:05–7:05pm	Sept 15–Oct 20	49886
Thur	6:05–7:05pm	Oct 27–Dec 8	49887
Thur	6:05–7:05pm	Jan 12–Feb 16	50062
Thur	6:05–7:05pm	Feb 23–Mar 30	50063

Line Dance

Line Dancing

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to some great music. This class includes basic line dancing for the beginner along with more challenging dances for the more advanced dancer. A new dance is taught at every class as well as reviewing previously taught dances. All abilities welcome! Join Eloise in this fun and friendly class. No partner needed. This class will not be pro-rated.

Location: PKCC • Instructor: Eloise Chinn • 6 classes No class 9/27, 11/22, 12/20, 12/27 & 2/14

Resident \$30 / Non-Resident \$36 Drop-In Rate Resident \$7 / Non-Resident \$8

Tue	10–11am	Sept 6–Oct 18	49187
Tue	10–11am	Oct 25–Dec 6	49188
Tue	10–11am	Dec 13–Jan 31	49189
Tue	10–11am	Feb 7–Mar 21	49192

